



POST-TREATMENT/HOME CARE - CHEMICAL PEELS

Aerobic exercise or vigorous physical activity should be avoided for the first 48 hours.

Direct sunlight exposure is to be completely avoided immediately following the treatment (including any strong UV light exposure and tanning beds). If some sun exposure cannot be avoided, first apply sunscreen with an SPF of 30 or greater. Sunscreen should become a part of your daily skin care regimen as your fresh skin will become more sensitive to the sun as a result of this treatment.

Cleanse your face with water or a mild soap.

Gently moisturize your face using products recommended only.

Do NOT apply any type of glycolic acid, retinol, or exfoliation products as this can damage or irritate the skin during the entire healing process.

Do NOT peel, rub, or scratch your skin at any time whatsoever. This will cause damage and compromise your results as well as possibly cause scarring.

If you experience pain, contact your skin care therapist immediately, especially if you are prone to cold sores. Any blisters that form need to be reported immediately. This is not to be expected.

In the event that you may have additional questions or concerns regarding your treatment or suggested home product/post-treatment care, please feel free to call immediately.